



Session Log (to review and adjust, make changes one step at a time):

Primary symptoms or quality of well-being you wish to improve:

Secondary symptoms or quality of well-being you wish to improve:

Step 1: Record the chemotype (CT) of your choice:

CT I (More THC less CBD)

CT II (Equal THC:CBD)

CT III (Less THC more CBD)

Step 2: Record your specific THC:CBD sub-ratio _____:_____

Step 3: Record your preferred form

Inhalation

Ingestion

Other: _____

Step 4: Record amount used mg of THC and CBD

THC _____mg CBD _____mg

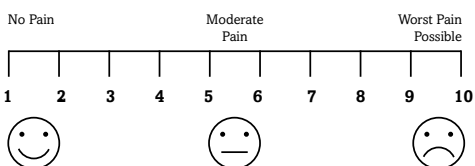
Step 5: List other plant ingredients (i.e. notable terpenes, other cannabinoids, acid forms)

Record your responses:

Before treatment:

After treatment:

Pain Measurement Scale



Pain Measurement Scale

